

2010-2011 Skate Canada Singles Scale of Values (SOV)

Singles

Jumps		minus3	minus2	minus1	base	plus1	plus2	plus3
1T	Toeloop	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
1S	Salchow	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
1Lo	Loop	-0.3	-0.2	-0.1	0.5	0.2	0.4	0.6
1F	Flip	-0.3	-0.2	-0.1	0.5	0.2	0.4	0.6
1Lz	Lutz	-0.3	-0.2	-0.1	0.6	0.2	0.4	0.6
1A	Axel	-0.6	-0.4	-0.2	1.1	0.2	0.4	0.6
2T	Double-Toeloop	-0.6	-0.4	-0.2	1.4	0.2	0.4	0.6
2S	Double-Salchow	-0.6	-0.4	-0.2	1.4	0.2	0.4	0.6
2Lo	Double-Loop	-0.9	-0.6	-0.3	1.8	0.3	0.6	0.9
2F	Double-Flip	-0.9	-0.6	-0.3	1.8	0.3	0.6	0.9
2Lz	Double-Lutz	-0.9	-0.6	-0.3	2.1	0.3	0.6	0.9
2A	Double-Axel	-1.5	-1	-0.5	3.3	0.5	1	1.5
3T	Triple-Toeloop	-2.1	-1.4	-0.7	4.1	0.7	1.4	2.1
3S	Triple-Salchow	-2.1	-1.4	-0.7	4.2	0.7	1.4	2.1
3Lo	Triple-Loop	-2.1	-1.4	-0.7	5.1	0.7	1.4	2.1
3F	Triple-Flip	-2.1	-1.4	-0.7	5.3	0.7	1.4	2.1
3Lz	Triple-Lutz	-2.1	-1.4	-0.7	6	0.7	1.4	2.1
3A	Triple-Axel	-3	-2	-1	8.5	1	2	3
4T	Quad.-Toeloop	-3	-2	-1	10.3	1	2	3
4S	Quad.-Salchow	-3	-2	-1	10.5	1	2	3
4Lo	Quad.-Loop	-3	-2	-1	12	1	2	3
4F	Quad.-Flip	-3	-2	-1	12.3	1	2	3
4Lz	Quad.-Lutz	-3	-2	-1	13.6	1	2	3
4A	Quad. Axel	-3.6	-2.4	-1.2	15	1.2	2.4	3.6
1T<	Toeloop-underrotate	-0.3	-0.2	-0.1	0.3	0.2	0.4	0.6
1S<	Salchow-underrotate	-0.3	-0.2	-0.1	0.3	0.2	0.4	0.6
1Lo<	Loop-underrotate	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
1F<	Flip-underrotate	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
1Lz<	Lutz-underrotate	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
1A<	Axel-underrotate	-0.6	-0.4	-0.2	0.8	0.2	0.4	0.6
2T<	Double-Toeloop-underrotate	-0.6	-0.4	-0.2	1	0.2	0.4	0.6
2S<	Double-Salchow-underrotate	-0.6	-0.4	-0.2	1	0.2	0.4	0.6
2Lo<	Double-Loop-underrotate	-0.9	-0.6	-0.3	1.3	0.3	0.6	0.9
2F<	Double-Flip-underrotate	-0.9	-0.6	-0.3	1.3	0.3	0.6	0.9
2Lz<	Double-Lutz-underrotate	-0.9	-0.6	-0.3	1.5	0.3	0.6	0.9
2A<	Double-Axel-underrotate	-1.5	-1	-0.5	2.3	0.5	1	1.5

3T<	Triple-Toeloop-underrotate	-2.1	-1.4	-0.7	2.9	0.7	1.4	2.1
3S<	Triple-Salchow-underrotate	-2.1	-1.4	-0.7	2.9	0.7	1.4	2.1
3Lo<	Triple-Loop-underrotate	-2.1	-1.4	-0.7	3.6	0.7	1.4	2.1
3F<	Triple-Flip-underrotate	-2.1	-1.4	-0.7	3.7	0.7	1.4	2.1
3Lz<	Triple-Lutz-underrotate	-2.1	-1.4	-0.7	4.2	0.7	1.4	2.1
3A<	Triple-Axel-underrotate	-3	-2	-1	6	1	2	3
4T<	Quad.-Toeloop-underrotate	-3	-2	-1	7.2	1	2	3
4S<	Quad.-Salchow-underrotate	-3	-2	-1	7.4	1	2	3
4Lo<	Quad.-Loop-underrotate	-3	-2	-1	8.4	1	2	3
4F<	Quad.-Flip-underrotate	-3	-2	-1	8.6	1	2	3
4Lz<	Quad.-Lutz-underrotate	-3	-2	-1	9.5	1	2	3
4A<	Quad. Axel-underrotate	-3.6	-2.4	-1.2	10.5	1.2	2.4	3.6
1T<<	Toeloop-downgrade	0	0	0	0	0	0	0
1S<<	Salchow-downgrade	0	0	0	0	0	0	0
1Lo<<	Loop-downgrade	0	0	0	0	0	0	0
1F<<	Flip-downgrade	0	0	0	0	0	0	0
1Lz<<	Lutz-downgrade	0	0	0	0	0	0	0
1A<<	Axel-downgrade	0	0	0	0	0	0	0
2T<<	Double-Toeloop-downgrade	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
2S<<	Double-Salchow-downgrade	-0.3	-0.2	-0.1	0.4	0.2	0.4	0.6
2Lo<<	Double-Loop-downgrade	-0.3	-0.2	-0.1	0.5	0.2	0.4	0.6
2F<<	Double-Flip-downgrade	-0.3	-0.2	-0.1	0.5	0.2	0.4	0.6
2Lz<<	Double-Lutz-downgrade	-0.3	-0.2	-0.1	0.6	0.2	0.4	0.6
2A<<	Double-Axel-downgrade	-0.6	-0.4	-0.2	1.1	0.2	0.4	0.6
3T<<	Triple-Toeloop-downgrade	-0.6	-0.4	-0.2	1.4	0.2	0.4	0.6
3S<<	Triple-Salchow-downgrade	-0.6	-0.4	-0.2	1.4	0.2	0.4	0.6
3Lo<<	Triple-Loop-downgrade	-0.9	-0.6	-0.3	1.8	0.3	0.6	0.9
3F<<	Triple-Flip-downgrade	-0.9	-0.6	-0.3	1.8	0.3	0.6	0.9
3Lz<<	Triple-Lutz-downgrade	-0.9	-0.6	-0.3	2.1	0.3	0.6	0.9
3A<<	Triple-Axel-downgrade	-1.5	-1	-0.5	3.3	0.5	1	1.5
4T<<	Quad.-Toeloop-downgrade	-2.1	-1.4	-0.7	4.1	0.7	1.4	2.1
4S<<	Quad.-Salchow-downgrade	-2.1	-1.4	-0.7	4.2	0.7	1.4	2.1
4Lo<<	Quad.-Loop-downgrade	-2.1	-1.4	-0.7	5.1	0.7	1.4	2.1
4F<<	Quad.-Flip-downgrade	-2.1	-1.4	-0.7	5.3	0.7	1.4	2.1
4Lz<<	Quad.-Lutz-downgrade	-2.1	-1.4	-0.7	6	0.7	1.4	2.1
4A<<	Quad.-Axel-downgrade	-3	-2	-1	8.5	1	2	3
Spins								
USp1	Upright Spin Level 1	-0.9	-0.6	-0.3	1.2	0.5	1	1.5
USp2	Upright Spin Level 2	-0.9	-0.6	-0.3	1.5	0.5	1	1.5
USp3	Upright Spin Level 3	-0.9	-0.6	-0.3	1.9	0.5	1	1.5
USp4	Upright Spin Level 4	-0.9	-0.6	-0.3	2.4	0.5	1	1.5

SSp1	Sit Spin Level 1	-0.9	-0.6	-0.3	1.3	0.5	1	1.5
SSp2	Sit Spin Level 2	-0.9	-0.6	-0.3	1.6	0.5	1	1.5
SSp3	Sit Spin Level 3	-0.9	-0.6	-0.3	2.1	0.5	1	1.5
SSp4	Sit Spin Level 4	-0.9	-0.6	-0.3	2.5	0.5	1	1.5
CSp1	Camel Spin Level 1	-0.9	-0.6	-0.3	1.4	0.5	1	1.5
CSp2	Camel Spin Level 2	-0.9	-0.6	-0.3	1.8	0.5	1	1.5
CSp3	Camel Spin Level 3	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
CSp4	Camel Spin Level 4	-0.9	-0.6	-0.3	2.6	0.5	1	1.5
LSp1	Layback Spin Level 1	-0.9	-0.6	-0.3	1.5	0.5	1	1.5
LSp2	Layback Spin Level 2	-0.9	-0.6	-0.3	1.9	0.5	1	1.5
LSp3	Layback Spin Level 3	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
LSp4	Layback Spin Level 4	-0.9	-0.6	-0.3	2.7	0.5	1	1.5
FUSp1	Flying Upright Spin Level 1	-0.9	-0.6	-0.3	1.7	0.5	1	1.5
FUSp2	Flying Upright Spin Level 2	-0.9	-0.6	-0.3	2	0.5	1	1.5
FUSp3	Flying Upright Spin Level 3	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
FUSp4	Flying Upright Spin Level 4	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
FSSp1	Flying Sit Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
FSSp2	Flying Sit Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
FSSp3	Flying Sit Spin Level 3	-0.9	-0.6	-0.3	2.6	0.5	1	1.5
FSSp4	Flying Sit Spin Level 4	-0.9	-0.6	-0.3	3	0.5	1	1.5
FCSp1	Flying Camel Spin Level 1	-0.9	-0.6	-0.3	1.9	0.5	1	1.5
FCSp2	Flying Camel Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
FCSp3	Flying Camel Spin Level 3	-0.9	-0.6	-0.3	2.8	0.5	1	1.5
FCSp4	Flying Camel Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5
FLSp1	Flying Layback Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
FLSp2	Flying Layback Spin Level 2	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
FLSp3	Flying Layback Spin Level 3	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
FLSp4	Flying Layback Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5
CUSp1	Change Foot Upright Spin Level 1	-0.9	-0.6	-0.3	1.7	0.5	1	1.5
CUSp2	Change Foot Upright Spin Level 2	-0.9	-0.6	-0.3	2	0.5	1	1.5
CUSp3	Change Foot Upright Spin Level 3	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
CUSp4	Change Foot Upright Spin Level 4	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
CSSp1	Change Foot Sit Spin Level 1	-0.9	-0.6	-0.3	1.9	0.5	1	1.5
CSSp2	Change Foot Sit Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
CSSp3	Change Foot Sit Spin Level 3	-0.9	-0.6	-0.3	2.6	0.5	1	1.5
CSSp4	Change Foot Sit Spin Level 4	-0.9	-0.6	-0.3	3	0.5	1	1.5
CCSp1	Change Camel Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
CCSp2	Change Camel Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
CCSp3	Change Camel Spin Level 3	-0.9	-0.6	-0.3	2.8	0.5	1	1.5
CCSp4	Change Camel Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5

CLSp1	Change Layback Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
CLSp2	Change Layback Spin Level 2	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
CLSp3	Change Layback Spin Level 3	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
CLSp4	Change Layback Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5
FCUSp1	Fly Change Foot Upright Spin Level 1	-0.9	-0.6	-0.3	1.7	0.5	1	1.5
FCUSp2	Fly Change Foot Upright Spin Level 2	-0.9	-0.6	-0.3	2	0.5	1	1.5
FCUSp3	Fly Change Foot Upright Spin Level 3	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
FCUSp4	Fly Change Foot Upright Spin Level 4	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
FCSSp1	Fly Change Foot Sit Spin Level 1	-0.9	-0.6	-0.3	1.9	0.5	1	1.5
FCSSp2	Fly Change Foot Sit Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
FCSSp3	Fly Change Foot Sit Spin Level 3	-0.9	-0.6	-0.3	2.6	0.5	1	1.5
FCSSp4	Fly Change Foot Sit Spin Level 4	-0.9	-0.6	-0.3	3	0.5	1	1.5
FCCSp1	Fly Change Foot Camel Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
FCCSp2	Fly Change Foot Camel Spin Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
FCCSp3	Fly Change Foot Camel Spin Level 3	-0.9	-0.6	-0.3	2.8	0.5	1	1.5
FCCSp4	Fly Change Foot Camel Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5
FCLSp1	Fly Change Foot Layback Spin Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
FCLSp2	Fly Change Foot Layback Spin Level 2	-0.9	-0.6	-0.3	2.4	0.5	1	1.5
FCLSp3	Fly Change Foot Layback Spin Level 3	-0.9	-0.6	-0.3	2.9	0.5	1	1.5
FCLSp4	Fly Change Foot Layback Spin Level 4	-0.9	-0.6	-0.3	3.2	0.5	1	1.5
CoSp1	Combo Spin, Level 1	-0.9	-0.6	-0.3	1.7	0.5	1	1.5
CoSp2	Combo Spin, Level 2	-0.9	-0.6	-0.3	2	0.5	1	1.5
CoSp3	Combo Spin, Level 3	-0.9	-0.6	-0.3	2.5	0.5	1	1.5
CoSp4	Combo Spin, Level 4	-0.9	-0.6	-0.3	3	0.5	1	1.5
FCoSp1	Fly Combo Level 1	-0.9	-0.6	-0.3	1.7	0.5	1	1.5
FCoSp2	Fly Combo Level 2	-0.9	-0.6	-0.3	2	0.5	1	1.5
FCoSp3	Fly Combo Level 3	-0.9	-0.6	-0.3	2.5	0.5	1	1.5
FCoSp4	Fly Combo Level 4	-0.9	-0.6	-0.3	3	0.5	1	1.5
CCoSp1	Change Combo Spin, Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
CCoSp2	Change Combo Spin, Level 2	-0.9	-0.6	-0.3	2.5	0.5	1	1.5
CCoSp3	Change Combo Spin, Level 3	-0.9	-0.6	-0.3	3	0.5	1	1.5
CCoSp4	Change Combo Spin, Level 4	-0.9	-0.6	-0.3	3.5	0.5	1	1.5
FCCoSp1	Fly Change Combo Level 1	-0.9	-0.6	-0.3	2	0.5	1	1.5
FCCoSp2	Fly Change Combo Level 2	-0.9	-0.6	-0.3	2.5	0.5	1	1.5
FCCoSp3	Fly Change Combo Level 3	-0.9	-0.6	-0.3	3	0.5	1	1.5
FCCoSp4	Fly Change Combo Level 4	-0.9	-0.6	-0.3	3.5	0.5	1	1.5
Step and spiral sequences								
SIS1	Straight Line Step Sequence Level 1	-0.9	-0.6	-0.3	1.8	0.5	1	1.5
SIS2	Straight Line Step Sequence Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
SIS3	Straight Line Step Sequence Level 3	-2.1	-1.4	-0.7	3.3	0.5	1	1.5
SIS4	Straight Line Step Sequence Level 4	-2.1	-1.4	-0.7	3.9	1	2	3

CiSt1	Circular Step Level 1	-0.9	-0.6	-0.3	1.8	0.5	1	1.5
CiSt2	Circular Step Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
CiSt3	Circular Step Level 3	-2.1	-1.4	-0.7	3.3	0.5	1	1.5
CiSt4	Circular Step Level 4	-2.1	-1.4	-0.7	3.9	1	2	3
SeSt1	Serpentine Step Sequence Level 1	-0.9	-0.6	-0.3	1.8	0.5	1	1.5
SeSt2	Serpentine Step Sequence Level 2	-0.9	-0.6	-0.3	2.3	0.5	1	1.5
SeSt3	Serpentine Step Sequence Level 3	-2.1	-1.4	-0.7	3.3	0.5	1	1.5
SeSt4	Serpentine Step Sequence Level 4	-2.1	-1.4	-0.7	3.9	1	2	3
ChSt1	Choeography Step Sequence Level 1	-1.5	-1	-0.5	2	1	2	3
ChSp1	Choeography Spiral Sequence Level 1	-1.5	-1	-0.5	2	1	2	3
Additional STARSkate/Adult SOV elements								
Jumps		minus3	minus2	minus1	base	plus1	plus2	plus3
1W	Waltz Jump	-0.2	-0.1	-0.1	0.3	0.2	0.4	0.6
1W<	Waltz Jump-underrotate	0	0	0	0	0	0	0
Creative Skating Skills								
CrCiSt1	Creative Circular Step Sequence 1	-3	-2	-1	4	1	2	3
CrFMSq1	Creative Field Moves Sequence 1	-3	-2	-1	4.4	1	2	3
CrLo1	Creative Loops 1	-3	-2	-1	3.5	1	2	3
CrSeSt1	Creative Serpentine Step Sequence 1	-3	-2	-1	4	1	2	3
CrSlSt1	Creative Straight Line Step Sequence 1	-3	-2	-1	3.5	1	2	3
CrTw1	Creative Twizzles 1 (Skills)	-3	-2	-1	4.5	1	2	3