

## SEPTEMBER 2011 SCHEDULE

Juniors - Preliminary or no free skate test level passed						
Seniors - Junior Bronze and Up						
September 1 to September 18						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30-7:45 AM OPEN		6:30-7:45 AM OPEN		6:30-7:45 AM OPEN 7:30 to 7:45 AM Stroking	9:45 AM - 12:15 PM OPEN	11:00 AM - 12:15 PM OPEN
3:45 - 5:00 Seniors  Stroking 3:45 - 4:00	3:45 to 5:00 Seniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 3:45 - 4:00		
5:00 to 5:15 Flood	5:00 to 5:15 Flood	4:45 - 5:00 Open Spin Session	4:45 - 5:00 Open Dance Session	4:45 -5:00 Open Spin Session		
5:15 to 6:15 Juniors  Stroking 6:00 - 6:15	5:15 - 6:15 Juniors  Stroking 6:00 - 6:15	5:00 -6:15 Seniors  Stroking 6:00 - 6:15	5:00 - 6:15 Seniors  Stroking 6:00 - 6:15	5:00 - 6:15 Seniors  Stroking 6:00 to 6:15		
<b>No Sessions from Friday September 2nd to Sunday September 4th due to Special Skating Seminar</b>						
<b>Open Session from 6:30 am to 7:45 am on Monday September 5, 2011 is cancelled</b>						

September 19th to September 25						
Mon Sept 19	Tues Sept 20	Wed Sept 21	Thurs Sept 22	Fri Sept 23	Sat Sept 24	Sun Sept 25
	6:30-7:45 AM OPEN		6:15-7:45 AM OPEN  Stroking 1 6:15 - 6:30  Stroking 2 7:30- 7:45	6:30-7:45 AM OPEN  7:30 -7:45 Stroking	8:30-10:30 AM OPEN	NO ICE
3:45 - 5:00 Seniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors	3:45 - 5:00 Seniors  Lesson 3:45 - 4:00		3:45 - 4:45 Juniors  Lesson 3:45 - 4:00		
5:00- 6:15 Juniors  Stroking 6:00 - 6:15				4:45 - 5:45 Seniors  Stroking 5:30 - 5:45		

September 26 to September 30						
Mon Sept 26	Tues Sept 27	Wed Sept 28	Thurs Sept 29	Fri Sept 30		
	6:30-7:45 AM OPEN	6:30-7:45 AM OPEN	6:30-7:45 AM OPEN	6:30-7:45 AM OPEN  7:30- 7:45 Stroking		
3:45 - 4:45 Seniors	3:45 to 5:00 Seniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 3:45 - 4:00	3:45 - 4:45 Juniors  Stroking 4:30 - 4:45		
	5:00 - 5:15 Flood	4:45 - 5:00 Open Spin Session	4:45- 5:00 Open Dance Session	4:45 - 5:00 Open Spin Session		
	5:15 - 6:15 Juniors  Stroking 6:00 - 6:15	5:00 - 6:15 Senior  Stroking 6:00 - 6:15	5:00- 6:15 Senior  Stroking 6:00 - 6:15	5:00- 6:15 Senior  Stroking 6:00 - 6:15		